

## **2011 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL**

26 coaches voted in this weeks poll

Date: September 21, 2011

### **Class B Girls:**

#### Teams

- 1 Rugby
- 2 Parshall
- 3 Watford City
- 4 Killdeer
- 5 Velva

#### Individuals

- 1 Robyn Essler (Garrison)
- 2 Chandra Yankton (Dunseith)
- 3 Tasha Heisler (Velva)
- 4 Alexis Woods (Parshall)
- 5 Sydney Kraft (Rugby)

- 6 Brooklyn Zink (Hillsboro)
- 7 Lauren Christenson (Rugby)
- 8 Abi Waloch (Southern McLean)
- 9 Asha Smith (Watford City)
- 10 Kade Ross (Watford City)

Other teams receiving votes: Grafton

### **Class B Boys:**

#### Teams

- 1 Rugby
- 2 New Town
- 3 Lisbon
- 4 Beulah/Hazen
- 5 North Star

#### Individuals

- 1 Ken Wells (Parshall)
- 2 Donovan Lambert (Shiloh Christian)
- 3 Clyde Baker (New Town)
- 4 Jacob Gallagher (Lisbon)
- 5 Erik Wangler (Rugby)

- 6 Scott Hale (New Town)
- 7 Lincoln Larson (North Star)
- 8 Kyle Volk (Rugby)
- 9 Thomas Horgeshimer (Lisbon)
- 10 Bridger Belzer (North Star)

Other teams receiving votes: Grafton

### **Class A Girls:**

#### Teams

- 1 Fargo Davies
- 2 Bismarck
- 3 Bismarck Century
- 4 Fargo South
- 5 West Fargo

#### Individuals

- 1 Tarin Lachowitz (Fargo Davies)
- 2 Jordan Jacob (Bismarck Century)
- 3 Alex Backlund (Shanley/Oak Grove)
- 4 Maddie Strandemo (Fargo South)
- 5 Lexi Zeis (Bismarck)

- 6 Carley Bertsch (Fargo Davies)
- 7 Brittany Brown Otter (Bismarck)
- 8 Alison Allmer (Jamestown)
- 9 Katie Bostrom (Fargo South)
- 10 Katie Bye (Fargo Davies)

Other teams receiving votes: Fargo North

### **Class A Boys:**

#### Teams

- 1 Bismarck
- 2 Grand Forks Central
- 3 Dickinson
- 4 Fargo Davies
- 5 Grand Forks Red River

#### Individuals

- 1 Jake Leingang (Bismarck)
- 2 Austin Todd (Bismarck)
- 3 Brandon Berg (Bismarck)
- 4 Lane Kasher (Bismarck)
- 5 Paul Shafer (Grand Forks Central)

- 6 Brandon Scheel (Fargo Davies)
- 7 Preston Lerew (Bismarck)
- 8 Vladimir Kutka (Dickinson)
- 9 Matt Tingum (Grand Forks Red River)
- 10 Tom Fisher (Grand Forks Central)

Other teams receiving votes: West Fargo